## **Murray Parks and Recreation Presents:**

WINTER 2014/2015

## Murray Aquatic Club

The Murray Aquatics Club "MAC" is a competitive USA Swimming team for youth ages 5-18.

Team practices are held 5 days a week Monday-Friday.

To join MAC, swimmers must have completed swim lessons or given the Head Coach's approval after an evaluation of swimming skills.

To participate MAC, <u>all swimmers must become a member of USA</u>
Swimming.

New members of MAC are recommended to join at the Bronze Level.

All swimmers are expected to attend swim meets.

All Swimmers are <u>expected</u> to attend practice: Gold (5x per week) Silver (+4x per week) Bronze (+3x per week)

Head Coach: Dale Ralph

Asst. Coaches: Tyler Nielson, Jed Knight, Andrea Partner, Brett Healy



Ages 5 - 18 years

Days Monday - Friday

Practice Times
Gold/Silver 4:30 – 6:00PM
Bronze 4:30 – 5:30PM

Cost Resident/Non Res.

Monthly
Gold/Silver \$40/\$45
Bronze \$35/\$40

Seasonal (Dec.- Feb.)
Gold/Silver \$105/\$120
Bronze \$90/\$105

**USA Swimming = \$77/yr.** 

| Participants Name:   | Date of Birth: |  |  |
|--|----------------|--|--|
| Address:   |                |  |  |
| Parent/Guardian:   | Phone:         |  |  |
| Email Address:   |                |  |  |
| Emergency Contact:   | Phone:         |  |  |
| Does the participant have any physical limitations?  | No Yes         |  |  |
| If yes, please explain:  |                |  |  |
| I have received and signed the concussion policy:  | Yes No         |  |  |
| LIABILITY RELEASE AND PERMISSION TO PARTICIPATE In consideration of the acceptance of my application for the above activity, I hereby waive, release, and discharge any and all claims for damages, for death, personal injury, or property damage which my child may have, or which may hereafter accrue as a result of participation in said event. It is understood that some recreational activities involve an element of risk or danger of accidents, and knowing those risks, I hereby assume those risks. It is further understood and agreed that this waiver, release and assumption of risk is to be binding on my heirs and assigns. I have read and understood the forgoing registration, liability release and agree to all of their terms and conditions. |                |  |  |
| Parent/Guardian Signature  | Date           |  |  |





For Practices, Meets and More Info. Visit www.murrayaquaticclub.com

The Park Center 202 E. Murray Park Ave. (801)284-4200

| Office Use Only |       |      |  |
|-----------------|-------|------|--|
| Paid \$ _       |       | -    |  |
| CASH            | CHECK | VISA |  |
| AMEX            | DISC  | MC   |  |
| Date            |       | _    |  |
| Staff           |       | _    |  |